



Painting from the Heart

ART RETREAT WEST SUSSEX

with Nigel Mason at Brooklands Barn

STAY FOR A 2 NIGHT WEEKEND

7-9 June 2024

STAY FOR 4 DAYS MON-FRI

10-14 June 2024

(7 nights & non-residential options available)

Summary of what's included

- Wonderful homely accommodation at Brooklands Barn Retreat
- All tuition and art materials included (medium – oil paints and charcoal)
- Full board, including wine with dinner and drinks, snacks
- Art tuition with materials included
- Private use of on-site heated indoor pool/sauna
- Suitable for all art enthusiasts, no experience of oil paints necessary



To book

email brooklandsbarn@gmail.com
or call 07920 462005



Read more ...

This retreat is focused on bringing together your passion for art and painting from the heart. We are concentrating on painting from photographs that challenge you to paint someone or somewhere you love.

I discovered the overwhelming joy painting for those I love. What better gift can we leave our children, a grandparent, a best friend, than a heartfelt personal painting?

This retreat is a collaboration between Brooklands Barn, a well-established, spacious retreat venue in Arundel West Sussex, and Nigel Mason, an experienced artist and art teacher, together with Piers Ottey, a highly regarded West Sussex artist and tutor who launched the Mill Studios many years ago. This is where the painting sessions will take place. Two beautiful venues which will inspire and relax you in equal measures.

If you're like me and have always loved painting, but life has taken over and you don't think you can justify the time to paint, then this is what you've been looking for. I hadn't picked up a paintbrush for 30 years until I started searching and discovered The Mill Studio a mile up the road, where I found the inspiration from Piers and another successful local artist, Karin Moorhouse.

This retreat is to encourage people to rekindle their passion for art and to paint something that has a deep personal value and not just another still life or life drawing of a model which you have no connection with.

Your host, Claire – owner of Brooklands Barn



My father passed away with no warning. He was a fit and young man and a great artist, but never really pursued his passion nor explored his talent. I feel sad that he never painted any of his family.

This gave me the motivation to pursue my love of painting and using my own family as subject material. When I'm no longer physically around, they will have something personal to treasure!

Painting from the heart is hugely cathartic, and I am definitely in my most meditative state when I paint; the hours pass with no thought other than looking at what I'm painting.

This is how ART retreats came about. I am the proprietor of Brooklands Barn which has become a well-known retreat venue. My newly explored passion gave me such a feeling of both humility and fulfillment, that I wanted to share it with others who may also have a longing to paint and to make it meaningful.



Tutor – Nigel Mason

Nigel Mason was born in Yorkshire in 1952. He showed an early interest in art and knew when he left school he wanted to be a painter. He taught himself to paint copying old masters and his favourite paintings he saw in Leeds Art Gallery when he was a boy.

To earn his crust, Nigel had many varied careers including window dressing, signwriting, pub sign painter (including the sign for the Woolpack pub in Emmerdale Farm), prop maker for Yorkshire TV (8ft rat for an episode of "Mr Digby Darling" with Sheila Hancock) stained glass artist and kitchen furniture painter.

The move to Devon in the '80s had a big influence on his painting and in 2000 he graduated with a degree in Fine Art. He lectured in Fine Art at Petroc, specialising in working from the life model but retired from teaching to pursue a professional painting career. He is now represented by Washington Green Fine Art Publishing. His paintings and drawings are shown in Castle Galleries, and independent galleries throughout Britain and in Europe.

His work has been exhibited widely and is held in collections around the world.

Statement from Nigel

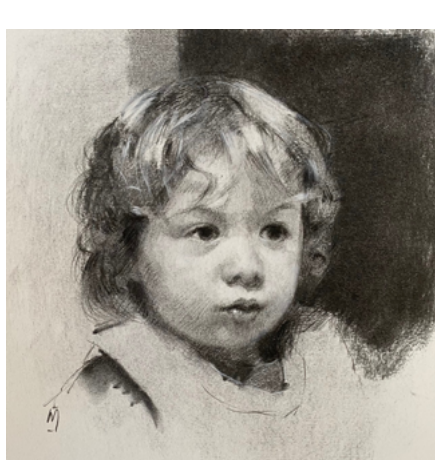


I have been passionate about painting almost all of my life. The only other thing that comes close to my passion for painting is teaching painting. Art has bought so much pleasure and fulfilment to me that I want to share my interest with other people, in the hope that they get as much pleasure and sense of purpose as I do.

Teaching, to me, isn't just reciting facts or passing on information. It's not about getting everybody to paint like I do. It's about engaging with other people, finding their interests and strengths and then enabling them to develop their own personal language and style.

I have developed my own techniques and methods that break painting down into bite size pieces, making the creative process less of a minefield. I have developed too, idea generating techniques that enable the student to be truly creative and individual in their approach to their work. I like to back up my tasks with contextual information so that the student isn't simply asked to do something without giving an historical or technical reason for doing it.

I'm looking forward to meeting you and releasing that creativity that we all have inside of us.



Options and prices

Weekend stay: 7-9 June 2024

2 nights/3 days arrive Friday 2pm
departing Sunday 5pm

Twin sharing ensuite room..... £449

Single occupancy ensuite room..... £699

Single occupancy share bathroom £599

What to Bring

- All materials you may need will be provided, however, please feel free to bring any favourite brushes, paints you may like
- Also bring a beach towel and swimming costume for the pool and sauna
- For painting, wear old clothes and an apron if you have one

Mid week stay: 10-14 June 2024

Mid week 4 nights/5 days arrive Monday 2pm
departing Friday 12 noon*

Twin sharing ensuite room..... £599

Single occupancy ensuite room..... £899

Single occupancy share bathroom £799

Note

- Max 8 places available for accommodation
- Local people welcome no accommodation (£99 per day with lunch)

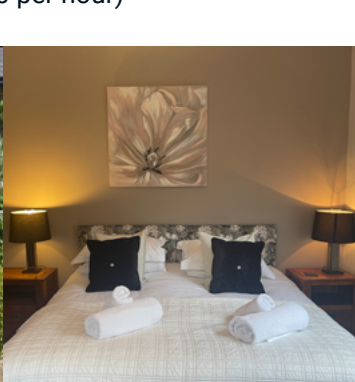
*Option of staying for the full week

Summary of what's included:

- Brooklands Barn, accommodation available (local day retreat guests welcome)
- Full board, delicious healthy meals, breakfast, lunch, three course dinner plus ½ bottle of wine per person, plus soft drinks, tea and biscuits
- Tuition with Nigel Mason, small groups in a professional studio (max 6)
- All painting and drawing materials provided – i.e. oil paints, brushes, canvases
- Time to relax, heated indoor pool and sauna
- Note: Massage spa treatment on offer (must be booked in advance, additional fee of £60 per hour)

Typical day

- 07.00 Pool/sauna available
- 08.30 Healthy Breakfast
- 10.00 Mill Studio morning art class
- 13.00 Lunch
- 14.00 Mill Studio afternoon art class
- 17.30 Relax/swim/sauna/walking/visit Arundel or beach
- 19.00 Three course dinner



Please enquire for information brooklandsbarn@gmail.com or 07920 462005